



Dementia Services
Development Centre



UNIVERSITY OF
STIRLING

Best practice in dementia care

A six part self-study course for care home staff,
healthcare assistants in hospital and day centre staff

We train your staff member as a facilitator to deliver
Best practice in dementia care locally to a further eight staff members.

Course content

Training is provided to facilitate the use locally of six self-study workbooks:

- » understanding dementia
- » seeing the person
- » communication and behaviour
- » providing support
- » health and wellbeing
- » legal issues

Reflective practice enables staff to develop their existing approach to dementia care.

Dates and venue

Regular training events are held throughout the year in Stirling, Belfast and London. Please contact us or see www.events.dementia.stir.ac.uk for planned events. Please get in touch if you would like us to provide facilitator training in your area.

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The University of Stirling is a charity registered in Scotland, number SC 011159

Format

- » two days facilitator training provided by DSDC
- » self-study group and structured discussions held locally for eight staff members supported by your trained facilitator
- » self-study materials with information and exercises provided for each staff member

At the end of the course your staff will be able to maximise their person-centred skills in dementia care, whilst developing new knowledge and understanding.

Contact

For more information or to book a place contact Lynsey Manson, Training Assistant by email at lynsey.manson@stir.ac.uk or on 01786 467740.

Price

This programme is offered at £1,400. This includes two days facilitator training, course materials for the facilitator, plus additional resources to train a further eight staff members (£1,400 is the cost for nine staff members in total).

Who is it for?

Frontline health and social care staff working in hospital, care home and day centre settings.

About the DSDC

The University of Stirling is recognised worldwide for its work in dementia and the purpose-built Iris Murdoch Building in Stirling is a unique place built on dementia-friendly principles.

DSDC staff advise governments and academic institutions in the UK, Europe and internationally on dementia-related issues, and are commissioned to provide training and consultancy for the private, voluntary and statutory sectors.

The training opportunities that we offer are tailored to meet the needs of staff who are supporting people with dementia on a daily basis.



Written according to Best Practice Guidelines/ National Care Standards